Training Session Objectives

- Build your knowledge of **CUHK learning resources**, services and facilities
- Become familiar with the services and resources of the **Independent Learning Centre**
Training Session Objectives

- Learn to develop credible action plans with Mentees
- Acquire a framework for critical self-reflection on mentoring abilities
Task 1

- Refer to p.2 of the handouts
- Stand up, walk around and talk to at least 4 other Mentors
- Exchange suggestions and ideas
- Note down new ideas in the table on p.2
Orientation to The Independent Learning Centre

- Refer to the information sheet on p.4 and take notes on p.3 of the handouts
- If anything is not clear, note down any questions you have on p.3
Task 2

- Refer to p.5 of the handouts
- Explore the ILC
- Find answers to the 8 questions on p.5
Action Planning

Task 3

- Refer to p.6 of the handouts
- Work in small groups.
- Discuss the mentee’s issue and devise an action plan.
Action Planning

Task 4

- Refer to p.7 of the handouts
- Work in pairs. Find a partner from another group.
- Evaluate your action plans according to the SMART criteria.
Writing Meaningful Reflection

Task 5

- Refer to p.9 of the handouts
- Read the Mentor’s reflections
- Identify where the writer evaluates his/her mentoring skills
Q&As