

Peer Mentoring Program



The Independent Learning Centre

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Mentor Training Session 2

19th September 2014

11:30am – 1:30pm

Training Session Objectives

- Build your knowledge of **CUHK learning resources**, services and facilities
- Become familiar with the services and resources of the **Independent Learning Centre**

Training Session Objectives

- Learn to develop credible **action plans** with Mentees
- Acquire a framework for critical **self-reflection** on mentoring abilities

Task 1

- Refer to **p.2** of the **handouts**
- Stand up, walk around and talk to ***at least*** **4** other Mentors
- Exchange suggestions and ideas
- Note down new ideas in the table on **p.2**

Orientation to The Independent Learning Centre

- Refer to the **information sheet** on **p.4** and take notes on **p.3** of the handouts
- If anything is not clear, note down any questions you have on **p.3**



Task 2

- Refer to **p.5** of the **handouts**
- Explore the ILC
- Find answers to the **8 questions** on **p.5**

Action Planning

Task 3

- Refer to **p.6** of the **handouts**
- Work in small groups.
- Discuss the mentee's issue and devise an action plan.

Action Planning

Task 4

- Refer to **p.7** of the **handouts**
- Work in pairs. Find a partner from another group.
- Evaluate your action plans according to the **SMART** criteria.

Writing Meaningful Reflection

Task 5

- Refer to **p.9** of the **handouts**
- Read the Mentor's reflections
- Identify where the writer evaluates his/her mentoring skills

Q&As